

# Treatment Timeline

**1985**

Assaulted. No neck, back, or jaw treatment.

**1990**

**1/23: Car accident #1; rearended.**

**1/23: X-ray cervical spine: Little, if any, significant premature degenerative changes are seen. Unremarkable plain film. (Dr. Romy; Riverside Medical Center)**

**1/23: X-ray lumbar spine: Possible mild intervertebral disc space narrowing at L4-5 level. Minimal scoliosis. (Dr. Romy; Riverside Medical Center)**

**1/23: Dr. Romy first office visit. Physical therapy ordered.**

**1991**

**2/23: Physical therapy ended.**

**4/29: Last visit with Dr. Romy.**

No MRI ever ordered.

Joel was to return in four weeks; he didn't return.

**1992**

**1/18: Independent Medical Exam: No physical abnormality found. X-rays do not reveal any complicating bony pathology. The intermittent symptoms that he continues to describe will clear up by themselves if given a little more time. (Dr. Klinghoffer)**

**1993**

**3/24: X-ray (pre-operative): "Normal lumbar spine." (Dr. Schuricht; Thomas Jefferson Hospital)**

**3/26: Hernia surgery (not related to this case).**

**5/6: Car accident #2: rearended by car and pushed into car in front of him. Injured neck and shoulder, back, and jaw.**

**5/10: Reported neck pain and aching all over. (Dr. Bado)**

**5/19: Montgomery County Rehabilitation: Reported neck and shoulder pain, and low back pain.**

**6/1: Dr. Levin: Reported neck and shoulder pain, low back pain, and tenderness in TMJ joints.**

**7/12: Dr. Gottehrer: Dx: TMJ syndrome. Right jaw pain. Car accident #2 caused TMJ syndrome.**

**7/20: Dr. Zwillinger: Dx: TMJ syndrome.**

**8/24: Steroid and trigger point injections for neck and low back pain. (Dr. Bado)**

**8/30: Trigger point injections for neck and shoulder pain. (Dr. Jalali)**

**9/2: Referred to Dr. Hume by Dr. Jalali for knee pain.**

**9/7: Trigger point injections for neck and shoulder pain. Nerve blocks for low back pain. (Dr. Jalali)**

# Treatment Timeline

## 1993 continued

---

- 9/21: Trigger point injections for neck and shoulder pain. Nerve blocks for low back pain. (Dr. Jalali)
- 10/5: MRI of jaw: Anterior displacement of right articular disc with recapture. (Thomas Jefferson Hospital)
- 10/27: MRI cervical spine: Disc herniation C3-4. Disc bulge C6-7. (Dr. Jalali; Thomas Jefferson Hospital)
- 12/6: Consultation: Pain is not arthritic. (Dr. Fort)

## 1994

---

- 3/14: MRI right knee: Grade I chondromalacia of the kneecap.
- 8/22: Dr. Hume referred to Holy Redeemer physical therapy for knee problem.

## 1995

---

- 5/19: Consultation: Pain is not arthritic. (Dr. DeHoratius)
- 10/5: Flare-up of low back pain (Dr. Hume)
- 10/8: MRI lumbar spine: Disc herniations T12-L1, L1-2, L2-3, L4-5, L5-S1. Disc bulge L3-4. Lateral recess narrowing at multiple levels. Facet hypertrophy at multiple levels. (Thomas Jefferson Hospital)

## 1996

---

- 1/26: Trigger point injections for neck pain. (Dr. Jalali)
- 2/8: MRI cervical spine: Disc herniation C4-5. Left lateral recess stenosis C4-5. Spondylosis C3-4 and C6-7. (Thomas Jefferson Hospital)
- 2/21: Trigger point injections for neck and shoulder pain. (Dr. Jalali)
- 5/6: Independent Medical Examination: Neck and shoulder, low back, and jaw pain are caused by car accident #2. (Dr. Freedman)
- 7/17: Right intra-articular sacroiliac S1 joint injection with arthrogram and fluoroscopic guidance to relieve low back pain. (Procedure done in operating room by Dr. Jalali)
- 9/11: Right L2 transforaminal selective epidural steroid injection for low back pain. (Dr. Jalali)

## 1997

---

- 3/12: Right C4-5, C5-6, and C6-7 interarticular facet injection with arthrogram for neck pain. (Dr. Jalali)
- 3/26: Left intra-articular C4-5, C5-6, and C6-7 facet injection with arthrogram for neck pain. (Dr. Jalali)
- 5/28: Left C3-6 median branch block for neck pain. (Dr. Jalali)
- 6/4: Left C3-6 median branch block for neck pain. (Dr. Jalali)